



**Allergen Information (X=contains; MC=may contain)**

Foods/Menu	Vegetarian	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide and Sulphites
<b>Hot Products</b>															
Baguette			X											MC	
Brown Bread			X											X	
Crusty Bread			X											X	
Halter			X											X	
White Bread			X											X	
White Rolls			X											X	
<b>Pie &amp; Pastries</b>															
A Taste of India Vegetable Pie	V		X												
A Taste of Mediterranean Vegetable Pie	V		X												
Cheese & Onion Party	V		X					X							
Cheese Sauce	V		X		X			X		X					
Cheese, Bacon & Onion Party	V		X					X							
Cornish Beef Pasty			X											X	
Sausage Roll			X											X	X
Tuna & Veg Pasty			X			X									
<b>Desserts &amp; Confectionery</b>															
Banana Pie	V														
Carrot Cake (Gluten Free) Handmade	V		X		X			X			X				
Cheese Tarts			X		X			X		X					
Chocolate Fudge Cake (Gluten Free)	V				X			X						X	
Pasticcini with Maple Syrup	V		X		X			X							
Chocolate Ice Cream	V							X							
Brus Cocktail	V														
Ice Cream Sundae	V							X							
Raspberries Ice Cream	V							X							
Vanilla Ice Cream	V							X							
Espresso	V				X			X							
French Cream	V							X							
Sour Cream	V							X							
Carrot Sauce															
Chocolate Syrup															
Strawberry Syrup															
<b>Hot Sandwiches, Fillings</b>															
Banana	V														
Beef										X					
Beef & Salad										X					
Brussels Fries															
Chicken Cheese	V							X							
Chicken															
Chicken Bacon Mayo					X										
Club Sandwich			X					X							
Corried Beef															
Currywain Chicken											X				
Cream Cheese	V							X							
Cream Cheese Garlic & Herbs	V							X							
Egg Mayo	V				X			X							
Ham										X					
Ham & Cheddar Cheese										X					
Ham & Cheese Roughman's										X					
Marmite	V														
Roast Butter	V											X			
Roast					X										
Roast Mayo					X										
Roast, Mayo & Avocado					X										
Salad	V														
Salmon & Cream Cheese								X							
Smoked Salmon								X							
Strawberry Jam	V														
Tuna					X										
Tuna Mayo		MC	MC		X	X		MC		MC				MC	
Chicken Caesar Salad			X		X			X							
French Salad			X		X			X							
Pizza Salad	V		X		X			X							
<b>Snacks</b>															
Avocado	V														
Beef										X					
Beef										X					
Cheddar Cheese	V							X							
Chicken															
Chicken Bacon Mayo										X					
Currywain Chicken											X				
Egg Mayo	V				X										
Ham										X					
Ham & Cheddar Cheese										X					
Roast					X										
Roast Mayo					X										
Roast, Mayo & Avocado					X										
Smoked Salmon											X				
Tuna											X				
Tuna Mayo					X			X							
Tuna, Sweetcorn & Mayo					X	X		X							
<b>Toasts</b>															
Bran Toast	V		X												
Graham Toast	V		X												
White Toast	V														
Toast & Marmalade	V									X					
Toast & Marmite	V									X					
Toast & Peanut Butter	V									X					
Toast & Strawberry Jam	V									X					
Toasted Teacake	V							X							
Toasted Teacake & Marmalade	V							X		X					
Toasted Teacake & Marmite	V							X		X					
Toasted Teacake & Peanut Butter	V							X		X					
Toasted Teacake & Strawberry Jam	V							X		X					

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<b>Hot Menu</b>															
Beef Burger & Chips with Choice of Fruit or Drink			X											X	X
Cheeseburger & Chips with Choice of Fruit or Drink			X					X						X	X
Chicken Nuggets 4/ 8 Chips with Choice of Fruit or Drink			X		X										
Hot Empanada & Chips with Choice of Fruit or Drink			X			X		MC						X	
Hot Dog & Chips with Choice of Fruit or Drink			X											X	X
<b>Salads</b>															
Banana															
Apple Salad															
Orange Salad															
Bibbana															
Wheat															
<b>Snack Menu</b>															
Apple	V														
Banana	V														
Chips	V														
Fresh Fruit Box (Small, Large)	V														
Dip	V														
Whole Medium Avocado	V														
<b>Hot Drinks</b>															
Black Coffee															
Black Tea															
Earl Grey															
Espresso															
Hot Chocolate								X							
Latte & Ginger															
Mocha															
Peppermint Tea															
White Coffee								X							
White Tea								X							
<b>Cold Drinks</b>															
7Up Regular 330ml															
Aspartame 250 ml															
Bitter Orange 330ml			X												
Cherry Coke 330ml															
Fruit Coke 330ml															
Coke Zero 330ml															
Diet Coke 330ml															
Diet Pepsi 330ml															
Dr Pepper 330ml															
Fanta Fruit Taste 330 ml															
Fanta Lemon 330 ml															
Fanta Orange 330ml															
Hi-C Pineapple & Grapefruit 330ml															
Light Cola 330 ml															
Light Zero 330 ml															
Sprite 330 ml															
Sprite Apple 330 ml															
Sprite Orange 330ml															
<b>Custom Drinks</b>															
Pure Apple Sodas 200ml															
Pure Apple Sun Magic 1L															
Pure Apple Sun Magic 200ml															
Pure Orange Sodas 200ml															
Pure Orange Sun Magic 1L															
Pure Orange Sun Magic 200ml															
Bibbana Blackcurrant canon 250ml															
<b>Baked Drinks</b>															
Cherry Coke 500ml															
Fruit Coke 500ml															
Coke Zero 500ml															
Diet Coke 500ml															
Dr Pepper 500ml															
Lipton Ice Tea Lemon 500ml															
Diet Apple and Whitecurrant 500ml															
Bibbana 500ml															
Bibbana Blackcurrant 500ml															
Sprite 500ml															
<b>Energy Drinks</b>															
Lucozade Energy Drink Orange 380ml															
Monster Energy Drink Can 500 ml															
Red Bull Energy Drink 330ml															
Balentine's Origin Energy Drink 500ml															
<b>Milkshakes</b>															
Vanilla Banana Flavoured Milk 400ml								X							
Vanilla Chocolate Flavoured Milk 400ml								X							
Vanilla Strawberry Flavoured Milk 400ml								X							
<b>Waters</b>															
Flavoured Water Orange & Peach 1000ml															
Flavoured Water Strawberry 500ml															
Still Water 1.5L															
Still Water 500ml															
<b>Chocolates</b>															
Acorn Delightful Peppermint 36g								X							
Bounty Coconut Milk Chocolate Duo Bar 57g								X						X	
Cadbury Bournvita Chocolate Bar 48.5g			X					X				X			
Cadbury Dairy Milk Chocolate Bar 69g			X					X		MC					
Cadbury Wispas Bar 36g			X					X		X					
Cadbury Peak Chocolate Bar 48.4g			X					X						X	
Crunchie Chocolate Bar 45g			X					X							
KitKat 70% Dark Chocolate Bar 41.5g			X					X							
KitKat Finger Milk Chocolate Bar 41.5g			X					X							
Maltesers Chocolate Single 37g			X					X							
Mini Cadbury Milk Chocolate Bar 52g			X					X						X	
Mini Cadbury Strawberry Chocolate Bar 52g			X					X						X	
Mini Cadbury Milk Chocolate Bar 52g			X					X						X	
Snickers Chocolate Bars 48g			X		X			X		X	X			X	
Tuna Snickers Chocolate Bar 50g			X		X			X		X	X			X	
Yorkie Original Milk Chocolate 46g			X		X			X							
Yorkie Red and Blue 44g			X		X			X							
<b>Hot Chocolate Flapjacks (suitable for vegetarians)</b>															
Blackwell Flapjack 100g	V		X					X						X	
Chocolate Caramel Flapjack 100g	V		X					X						X	
Chocolate Oreo Flapjack 100g	V		X					X						X	
Chocolate Tiramisu Flavour Flapjack 100g	V		X					X						X	
Daily 100g	V		X					X						X	
Strawberry Jam 100g	V		X					X						X	
Sultana & Cherry Flapjack 100g	V		X					X						X	
Vanilla Tiramisu 100g	V		X					X						X	
<b>Hot Sauce Tiramisu Flapjacks (Wheat Free &amp; Vegan Friendly)</b>															
Boiled Oats & Coconut 90g	V		X					MC		MC		MC		X	
Boiled Oats & Mango 90g	V		X					MC		MC		MC		X	
Boiled Oats & Peach 90g	V		X					MC		MC		MC		X	
Boiled Oats & Pineapple 90g	V		X					MC		MC		MC		X	
<b>Smoothie Mixes</b>															
Double Chocolate	V		X		X			X						X	
Oats & Sultana Cookies 85g	V		X					X						X	
Tiramisu & Butter Pecan Cookies 85g	V		X					X						X	
White Chocolate Chip Cookies 85g	V		X					X						X	

